

# GCS NEWSLETTER

Issue:43

Apr-Sept'2024



## GCS MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE

Insight  
Inspire  
Impact

Inspiring minds with  
stories of knowledge  
and growth.



CELEBRATING

**12**  
Years

OF DEDICATED  
PATIENT CARE

EMPOWERED

**5.4**

MILLION PATIENTS  
TO IMPROVE THEIR LIVES



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## Vision

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To be a premier medical college and state-of-the-art multispecialty hospital, world class research facilities with compassionate team of doctors and staff.

## Mission

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To offer medical education and create a continuous stream of trained medical professionals to provide diagnostic, therapeutic and preventive healthcare to the patients at an affordable cost.

## Core Values

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We GCS members, hold the values and act according to these values.

**G**low - We seek growth of all

**C**are - Care of patient is our prime objective

**S**erve - Serving to the mankind

## OUR PATRONS

### PRESIDENT

Hon. Governorshri (Gujarat)  
Shri Acharya Devvratji

### EXECUTIVE CHAIRMAN & VICE PRESIDENT

Shri Pankaj R. Patel

### VICE PRESIDENTS

Minister of Health (Gujarat State)

Dr. Pankaj M. Shah

Shri Chintan N. Parikh

Shri Sandip Engineer

Shri Satyanarayan Dangayach

### TRUSTEES

Shri Pankaj R. Patel

Shri Kshitish Madanmohan

Shri Rajesh Jaykrishna

### HON. GENERAL SECRETARY

Shri Kshitish Madanmohan

### SECRETARY

Shri Deevyesh Radia

### SECRETARY

Shri Kaushik Patel

### TREASURER

CA Bipin Shah



### COO's Desk : Dr. Jagdish Khoyani

Chief Operating Officer  
Gujarat Cancer Society

At GCS, we are dedicated to shaping the future by delivering exceptional education that inspires critical thinking, driving impactful research that advances scientific discovery, and providing accessible, high-quality clinical care. Equipped with modern infrastructure and cutting-edge technology, we foster an environment that supports learning, innovation, and patient well-being. Our commitment extends to empowering communities with preventive health education, promoting healthier lifestyles, and reducing disease burden.

Together, we strive to create a healthier and brighter tomorrow.



### Director's Desk : Dr. Kirti M. Patel

Director - GCS Medical College,  
Hospital & Research Centre

At GCS Hospital, we are committed to delivering quality healthcare that is accessible, affordable, and compassionate.

Through initiatives like Ayushman Yojana, we strive to ensure that every individual receives the care they need without financial barriers. Our skilled team, supported by advanced medical technology and state-of-the-art facilities, is dedicated to offering innovative treatments and personalized care. With a focus on improving lives, we empower our patients to achieve better health and well-being, creating a healthier community for all.



### Dean's Desk : Dr. Yogendra S Modi

Dean - GCS Medical College, Hospital & Research Centre

Welcome to GCS Medical College, where passion meets purpose in the journey of medical education. We are thrilled to welcome our new students to an institution that blends academic rigor with hands-on clinical excellence. With advanced facilities, expert faculty, and a commitment to innovation, we strive to nurture future leaders in healthcare. Your journey here is not just about education but about transforming lives and creating a healthier tomorrow. Welcome to a place where your aspirations find wings!

## EDITORIAL TEAM

**PUBLISHER:** Dr. Kirti M. Patel (Director)

**EDITOR:** Neha Panchal (Branding)

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# Healthcare Insights

Apr - Sept'2024

## Y-O-Y Growth

**OPD** 7.5%

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**IPD** 13%

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**EMD** 24%

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**SURGERY** 23%

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**ENDOSCOPY** 23%

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**CATH LAB** 40%

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**DIALYSIS** 10%

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**DELIVERY** 11%

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**CHEMOTHERAPY** 25%

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**RADIOLOGY** 13%

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**LABORATORY** 49%



The period from April to September 2024 marked a period of remarkable growth and improvement for GCS Healthcare, reflecting its continuous efforts to provide quality care across various specialties. The Year-on-Year (Y-O-Y) growth figures from different departments demonstrate the increasing trust and demand for the services offered by the hospital.

**Outpatient Department (OPD):**

With a growth of 7.5%, the OPD has seen a steady increase in patient visits. This signifies the hospital's growing role in providing accessible primary and secondary care to the community.

**Inpatient Department (IPD):**

A 13% rise in IPD highlights GCS's ability to manage and treat more complex medical conditions requiring hospitalization. This growth reflects the hospital's enhanced capacity to provide inpatient services across various specialties.

**Emergency Department (EMD):**

A significant increase of 24% in EMD visits is a clear indicator of the hospital's readiness and responsiveness to emergency healthcare needs. This growth showcases GCS's commitment to offering immediate and life-saving care in critical situations.

**Surgery:**

The Surgery department experienced a 23% increase, reflecting an uptick in surgical cases across both general and specialized procedures. This growth can be attributed to the hospital's advanced surgical techniques and comprehensive post-operative care.

**Endoscopy:**

With a 23% growth in endoscopic procedures, GCS is catering to a rising demand for minimally invasive diagnostic and therapeutic procedures. This increase aligns with the broader trend towards less invasive, more efficient healthcare solutions.

**Cath Lab:**

The Cath Lab saw the highest growth among all departments with an impressive 40% increase in services. This indicates a rising demand for advanced cardiac care, including diagnostic angiographies, stent placements, and other cardiovascular interventions.

**Dialysis:**

The Dialysis department grew by 10%, showing a steady increase in the number of patients requiring renal care. This increase signifies the hospital's capacity to support patients with chronic kidney disease, offering essential renal replacement therapies.

**Delivery Services:**

An 11% growth in deliveries showcases the hospital's trustworthiness in providing quality maternity care. This includes antenatal care, safe deliveries, and postnatal services, reinforcing GCS as a preferred choice for childbirth.

**Chemotherapy:**

The Chemotherapy department saw a 25% increase, reflecting the rising number of cancer patients seeking treatment. This growth signifies GCS's expanding role in oncology care, providing a range of chemotherapy options and a holistic treatment approach for cancer patients.

**Radiology:**

A 13% growth in radiology services emphasizes the increasing need for diagnostic imaging in both outpatient and inpatient settings. This includes a variety of imaging techniques such as X-rays, MRIs, and CT scans, crucial for accurate diagnosis and treatment planning.

**Laboratory Services:**

The Laboratory department witnessed the highest growth, with a 49% increase. This dramatic rise indicates a growing demand for diagnostic tests, including blood work, pathology, microbiology, and molecular diagnostics, which are vital for accurate disease diagnosis and treatment planning.

**Conclusion:**

The period from April to September 2024 saw impressive growth across key departments at GCS Healthcare, showcasing the hospital's dedication to expanding its services and meeting patient needs. Strong growth in areas like emergency care, surgeries, and diagnostics highlights its increasing role in the community.



### Dr. Parth Vaghela

MS, (General Surgery),  
M.ch. (Cardio Vascular & Thoracic Surgery)

**Consultant – Cardiovascular & Thoracic Surgeon**

Experienced Consultant in Cardiac and Thoracic Surgery with expertise in a wide range of advanced surgical procedures, including Coronary Artery Bypass Surgery (CABG), Valve Replacement and Repair Surgeries (Mitral, Aortic, Tricuspid), and Congenital Heart Defect Surgeries (ASD, VSD, PDA). Skilled in performing Minimally Invasive Cardiac Surgery (MICS), as well as complex lung surgeries such as Lobectomy, Tumor Removal, and Decortication. Proficient in Vascular Repair Surgeries for both arteries and veins, Aortic Surgery for aneurysms and dissections, and the treatment of Peripheral Artery Disease (PAD), Varicose Veins, and Deep Vein Thrombosis (DVT). Committed to providing comprehensive thoracic and vascular surgical care.



### Dr. Keyur Akbari

MBBS, MS Orthopedics,  
FASSI (Chennai), FMISS &  
AO Spine Fellowship (Australia)

**Consultant – Spine Surgeon**

Experienced Consultant in Spine Surgery with a strong focus on advanced and complex spinal procedures, addressing conditions such as spinal deformities, degenerative spine issues, and trauma-related spinal injuries. Proficient in minimally invasive surgical techniques, including endoscopic spine surgery and selective nerve root blocks, to enhance recovery and reduce surgical impact. Specialized in managing complex spinal conditions such as scoliosis, herniated discs, spinal stenosis, and spondylolisthesis, providing comprehensive and tailored solutions for optimal patient outcomes.



### Dr. Ankit Kothari

MS, (General Surgery),  
M.ch. (Burns, Plastic & Maxillofacial Surgery),  
Fellowship in Aesthetic, Brazil

**Consultant – Plastic Reconstructive & Aesthetic Surgeon**

Experienced Consultant in Aesthetic and Reconstructive Surgery, with expertise in advanced aesthetic procedures such as mastopexy, breast reduction, implants, lipoabdominoplasty, blepharoplasty, Brazilian butt lift, and rhinoplasty. Skilled in non-surgical facial rejuvenation, including Botox, fillers, bio stimulants, and thread lifts. Proficient in hand reconstruction for trauma and injuries, soft tissue reconstruction for limbs, head, and neck, as well as facial trauma and maxillofacial reconstruction. Extensive experience in hair transplant, oncoplastic reconstruction, pediatric congenital defect correction, and burn management.



### Dr. Sanket Mohata

MS, (General Surgery),  
DrNB Urology

**Consultant – Urology**

Experienced Consultant in Urological Surgery, specializing in advanced procedures such as RIRS (Laser Stone Surgery), TURP (Transurethral Resection of the Prostate), and TURBT (Transurethral Resection of Bladder Tumor). Skilled in minimally invasive techniques including PCNL (Percutaneous Nephrolithotomy), urodynamics, and laparoscopic surgery. Proficient in complex procedures like nephrectomy, pyeloplasty, and the management of urological cancers. Additionally, experienced in andrology, offering comprehensive care in male reproductive health and urinary disorders.



### Dr. Rajal B. Prajapati

MD (Pediatrics), D. Ped

**Professor - Paediatrics**

With over 40 years of teaching excellence, has made significant contributions to pediatric education and healthcare.

A former Professor and HOU of the Department of Pediatrics at Smt. NHL MMC & VS General Hospital, Ahmedabad, she has authored numerous publications in reputed international and national journals and has served as an examiner for UG and PG exams.



### Dr. Bela J. Shah

MD (Dermatology)

**Professor - Dermatology**

Dr. Bela, with 32+ years of teaching experience, is a pioneer in dermatology. Her research spans PUVA in psoriasis, leprosy, and HIV-related skin conditions.

She has authored 25+ textbook chapters, presented globally, and served as a speaker at prestigious forums like the World Congress of Dermatology. A reviewer, examiner, and NBE assessor, Dr. Bela continues to shape the field with her expertise.

#### Assistant Professor

##### General Medicine

Dr. Sanyam K. Shah  
Dr. Dipenkumar H. Patel

##### General Surgery

Dr. Esha Bansal

##### Ophthalmology

Dr. Devjaa Nihar Shah  
Dr. Devanshi S. Mehta

##### Paediatrics

Dr. Dhrumika N. Sheth

##### Pharmacology

Dr. Khilen P. Joshi  
Dr. Harsh H. Patel

##### Community Medicine

Dr. Jaydeepkumar A. Ghevariya

##### Physiology

Dr. Fairy D. Panchal  
Dr. Nilu J. Chaudhari

##### Radio Diagnosis

Dr. Drashti M. Patel

##### Pathology

Dr. Keval A. Patel  
Dr. Suhani S. Agrawal  
Dr. Jay R. Patel

##### Forensic Medicine

Dr. Ganpat L. Bavadiya





## Reviews

# 4.5



## 3,476 Reviews

## Heartfelt Testimonials

### Voice of Gratitude and Trust

#### Mr. Asad Shaikh

"I was admitted for Dengue and URTI under the care of Dr. Vipul Prajapati. I received excellent treatment from him and his team, including Dr. Kishan, Dr. Shivam, and Dr. Dhanish. The staff at the 9th-floor special room was also very helpful, especially the sisters and attendants. Special thanks to Bhoomi Sister, Sapna Sister, Drashti Sister, Kinjal Sister, and Nirali Sister. Thank you, doctors!"

#### Mr. Akash Rathore

"My father was recently treated at GCS Hospital, and I am deeply thankful for the outstanding care he received. The doctors, nurses, and staff were incredibly kind, attentive, and professional throughout his stay. They ensured his comfort and addressed all his needs with utmost dedication. The hospital's state-of-the-art facilities and supportive environment made his experience smooth and stress-free.

#### Mr. Gajendragiri Gosai

"I received excellent care and an accurate diagnosis for my liver cancer at GCS Hospital. The team of doctors and staff provided outstanding service, ensuring every aspect of my treatment was handled with care and professionalism. The hospital maintained a clean, hygienic, and welcoming atmosphere, both inside and outside. Special thanks to Dr. Kirti Patel and the entire staff for their support and dedication!"

I wholeheartedly recommend GCS Hospital for top-quality healthcare. Truly deserving of a five-star rating!"

#### Mr. Jatan Prajapati

"The hospital has excellent facilities and infrastructure. The staff members and doctors are highly cooperative and supportive."

#### Mr. Amit Kori

"I received excellent medical service with regular check-ups, and the staff's behavior was outstanding. I truly believe I chose the best hospital for my mother's treatment. I am very happy with the care she received!"

#### Mr. Ashok Pandav

"Excellent healthcare facilities with outstanding services. Great communication with patients and their caregivers."

#### Mr. Joy Khristi

"Very nice hospital with excellent staff who treat patients with great care and respect. The doctors here are truly commendable and deserving of high praise."

#### Mr. Priyanshu

"Very quick and efficient health check up"

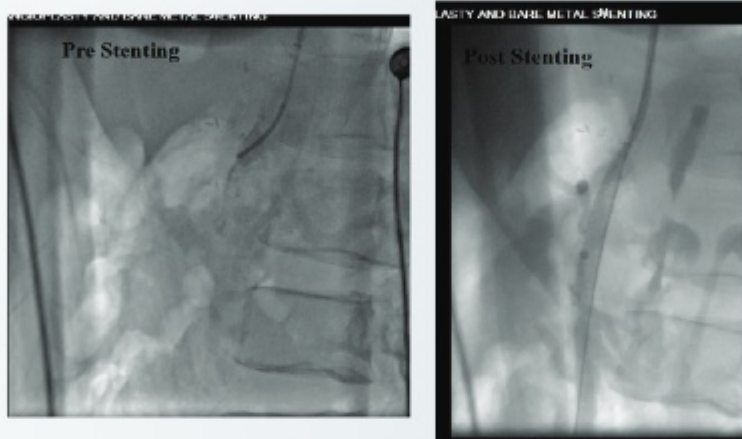


## SUPERIOR MESENTERIC ARTERY STENTING

■ Dr. Roopesh Singhal (Consultant - Cardiology) & Team

A 49-year-old male with a history of abdominal tuberculosis since six months presented with post meal severe abdominal pain, generalized weakness, and loss of appetite. CECT of the abdomen revealed significant stenosis of the superior mesenteric artery (SMA).

The patient underwent angioplasty with bare metal stenting to the SMA, successfully restoring blood flow. Following the procedure, the patient experienced significant relief from post-meal abdominal pain, improved appetite, and noticeable weight gain, highlighting the success of the intervention in improving quality of life.

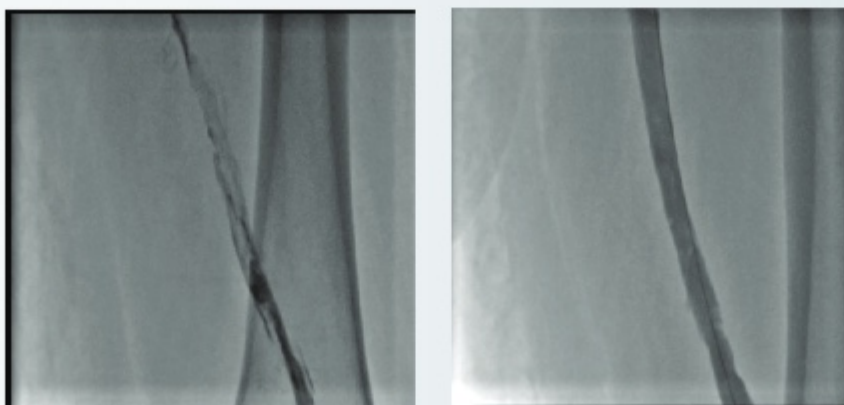


## CATHETER DIRECTED THROMBOLYSIS

■ Dr. Zeeshan Mansuri (Consultant - Cardiology) & Team

A 59-year-old male with a history of acute Rt lower limb pain & swelling along with rt lowel limb tenderness Since 7 days. CT LL angiography s/o extensive right lower limb DVT with IVC thrombosis upto IVC filter.

POST HEPARIN INFUSION, CATHETER DIRECTED THROMBOLYSIS done via rt popliteal vein. Complete recanalization from rt popliteal vein upto IVC achieved. Following the procedure, patient experienced marked reduction in swelling & significant relief in intensity of pain.



## SUCCESSFUL MANAGEMENT OF PREVIABLE PPROM WITH RESCUE CERCLAGE

■ Dr. Pooja Singh | Dr. Mohit | Dr Hetal & Residents - (Department of OBGY)

An antenatal primigravida was admitted in emergency as a case of 18 weeks of pregnancy with inevitable abortion. Rescue encerclage was done, following which, she started leaking per vaginum (ie previable preterm premature rupture of membranes). Patient was counselled, managed conservatively and monitored vigilantly for related complications. She stayed admitted for almost 3 weeks when her leak per vaginum stopped. She was discharged at 21 weeks of pregnancy and followed up in OPD routinely.

She continued till 34 weeks of pregnancy and delivered a female newborn of weight 1900 grams. Both mother and baby are doing fine.

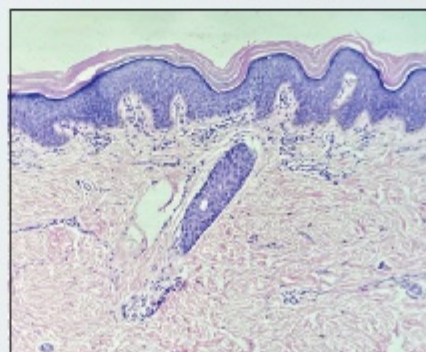


## CHANARIN-DORFMAN SYNDROME IN A TWO-YEAR-OLD CHILD

■ Dr. Jigna Padhiyar (Associate Professor - Skin & VD) | Dr. Nayan H. Patel (Professor - Skin & VD)

A two-year-old girl presented with symmetrical erythematous scaly plaques on the abdomen, face, and extremities since two months of age. Clinical evaluation, histopathology, and persistently raised liver enzymes confirmed the diagnosis of Chanarin-Dorfman Syndrome (CDS), a rare autosomal recessive neutral lipid storage disorder caused by mutations in the ABHD5 gene. The patient exhibited mild hepatomegaly, anemia, and low serum zinc levels. Skin biopsy revealed orthokeratosis, parakeratosis, spongiosis, and lymphoplasmacytic infiltrates. Genetic analysis identified a missense mutation in the ABHD5 gene.

Treatment involves a multidisciplinary approach, emphasizing a diet low in long-chain fatty acids and rich in medium-chain fatty acids to manage skin and systemic symptoms.



## BARTTER SYNDROME TYPE 1

■ Dr. Baldev S Prajapati | Dr. Sheena Sivanandan  
Dr. Preeti Vazirani | Dr. Prexa Dave - (Department - Pediatrics)

A 3 month old unimmunised female child, Muslim by religion, born out of third degree consanguineous marriage, presented with chief complaints of fever and loose stools since 15 days and not gaining weight since birth. Consulted for the same complaints multiple times and admitted thrice before for the same. The child was very preterm (31.6 weeks), delivered via LSCS(polyhydramnios), with birth weight of 1.2 kg. The child was admitted in NICU for 8 days. There is history of death of a female child 1 year back at 4th DOL ( ? respiratory distress). Mother had history of 1 miscarriage at 2 months of intrauterine life in March 2022.



Physical Examination: The child was active, alert, malnourished, pallor+ and vitally stable. Dysmorphic facies present : triangular facies, low set ears. Anterior fontanelle and posterior fontanelle open. Abdominal distension present : generalised, umbilicus normal, no fullness of flank. There were no signs of dehydration.

### Investigations:

Polyuria (Urine output ~ 9 ml/kg/day) | Hypokalemia (S. K+ : 2.2 mg/dl) | Metabolic alkalosis (pH: 7.60, pO<sub>2</sub> : 92 mmHg, pCo<sub>2</sub>: 97 mmHg, Hco<sub>3</sub> : 38 mmol/dl) | Hypercalciuria (Urinary spot calcium creatinine ratio : 3.74 (<0.14))

USG Abdomen: Nephrocalcinosis. Both kidneys showed multiple hyperechoic foci involving bilateral renal medulla, more on left side, p/o nephrocalcinosis. Mild pelvicalyceal fullness was noted on both sides, more on left side. Both kidneys appeared grade I echogenic with maintained corticomedullary differentiation  
Whole genome sequencing : Mutations of the SLC12A1 gene. Bartter syndrome Type 1 and autosomal recessive.

Bartter syndrome is an autosomal recessive disorder with incidence : 1:10,00,000, characterized by hypokalemia, metabolic acidosis, hyperreninemia and hyperaldosteronism, normal blood pressure and urinary wasting of potassium, sodium and chloride. In the infantile form hypercalciuria and nephrocalcinosis are seen; fetal polyuria may cause polyhydramnios. Type 1 BS is caused by loss-of-function mutations of the SLC12A1 gene, encoding the furosemide-sensitive Na-K-Cl cotransporter (NKCC2). The diagnosis is primarily based on clinical, biochemical and sonographic findings. Genetic analysis is recommended for confirmation.

## RHINOPLASTY WITH TIP ENHANCEMENT & MAXILLARY AUGMENTATION IN A CLEFT PATIENT

■ Dr. Ankit Kothari  
(Plastic Reconstructive & Aesthetic Surgeon)

A cleft patient underwent rhinoplasty with tip enhancement and maxillary augmentation. This is postoperative day 7, and the recovery has been progressing well. The final aesthetic and functional results are expected to be fully visible in six months.



## EXPLORATORY LAPAROTOMY FOR LEFT TESTICULAR SEMINOMA

■ Dr. Shashank Desai (Professor & Head - General Surgery) & Team

A 48-year-old male presented with a swelling in the left inguinal region and a history of having a single testis in the scrotum since birth. He had no comorbidities or prior surgical history. Investigations revealed a left undescended testis with suspicion of neoplastic etiology, accompanied by left paraaortic lymph node enlargement. The patient underwent exploratory laparotomy for a left orchidectomy and retroperitoneal paraaortic lymph node excision, along with a left inguinal hernioplasty. Histopathological examination confirmed the diagnosis of left testicular seminoma with left paraaortic lymph node involvement.

Postoperatively, the patient showed significant symptomatic improvement, reflecting the success of the surgical intervention.



## WOODEN CHEST SYNDROME / FENTANYL INDUCED CHEST WALL RIGIDITY IN 5 DAY OLD NEONATE

■ Dr. Preeti Vazirani | Dr. Arjun Jalandhra (R2) | Dr. Monika Parmar  
Dr. Baldev S. Prajapati | Dr. Sheena Sivanandan - (Department - Pediatrics)

- Incidence - 8% newborns receiving fentanyl infusion in NICU .
- 5 day old male baby delivered via LSCS delivery with thick Meconium stained liquor with birth weight of 3.850kg .
- Baby had tachypnea and respiratory distress at birth and CXR s/o changes of meconium aspiration syndrome and 2D ECHO was suggestive of pulmonary hypertension.
- Initially was kept on CPAP support and then on ventilator .
- Midazolam and fentanyl infusion was started in view of patient ventilator asynchrony .
- On 5th day planned extubation in view of spontaneous respiration and hemodynamic stability
- After extubation baby had minimal chest movements and ABGA suggestive of hypercarbia and acidosis so was reintubated.
- Injection Naloxone was given .
- There was a dramatic response within minutes and patient successfully weaned off from ventilator support within 24-48 hour.



## CEASARIAN SECTION WOUND COMPLICATION

■ Dr Divyesh Panchal (Professor - OBGY) | Dr VS Sharma (General Surgery) & Team

P3L3/ Emergency LSCS ivo severe pre eclampsia done on 2/10/24. Dressing done on POD5. Blackening of skin +nt. Induration +. No discharge from stitch site. Patient took DOR on POD7. On POD 8 patient was readmitted for LSCS wound gapping . Swab CS sent

S/o klebsiella (scanty) + acinetobactor baumanii(moderate) growth. Antibiotics given according to swab report.Patient had anaphylactic shock on 14/10/24.patient shifted to icu i/v/o angioedema, breathlessness, uneasyness, undetectable BP, pulse. Patient diagnosed with necrotising fascitis .

Re- exploration of wound done on 10/10/24 f/b Extensive debriement of wound done on 14/10/24. Patient transferred to Surgery for dressing and wound management on 22/10/24. Resuturing done on 5/11/24. Discharged on 11/11/24.All SR done on 23/11/24. Duration of stay- 40 days.



## LAPAROSCOPIC SPLENECTOMY FOR IMMUNE THROMBOCYTOPENIC PURPURA (ITP)

■ Dr. Rashesh Solanki | Dr. Bhavesh Shah | Dr. Asmita Chaudhary

A 20-year-old young woman presented with easy bruisability, purpura, and gum bleeding, leading to a diagnosis of immune thrombocytopenic purpura (ITP). Clinical evaluation revealed no splenomegaly, consistent with the diagnosis. Initial treatment with steroids showed a temporary response but failed to sustain an increase in platelet count. Azathioprine was added but proved ineffective. Bone marrow aspiration and biopsy confirmed normocellular marrow. She underwent laparoscopic splenectomy with a preoperative platelet count of 41,000. Although blood products such as platelet concentrates and FFP were reserved, none were required during the procedure.

Her postoperative recovery was uneventful, with platelet counts increasing promptly to 1.69 lakh on postoperative day (POD) 2. She was discharged in stable condition on POD 4.



## RECOVERY FROM SCRUB TYPHUS IN A PREGNANT PATIENT

■ **Dr. Vipul Prajapati (Associate Professor - General Medicine) |  
Dr. Niyati Maheta (Assistant Professor - General Medicine) & Team**

A 31-year-old pregnant woman was admitted with fever, chills, and decreased urine output, later diagnosed with scrub typhus. During her hospitalization, she suffered a convulsion, leading to a lumbar puncture, which confirmed scrub typhus meningitis. The patient was placed in the ICU and mechanically ventilated. After 14 days of antibiotic treatment, she made a full recovery, and her pregnancy remained unaffected. She has now returned to her normal daily activities.

## LAPAROSCOPIC REPAIR OF LEFT POSTEROLATERAL (BOCHDALEK) DIAPHRAGMATIC HERNIA

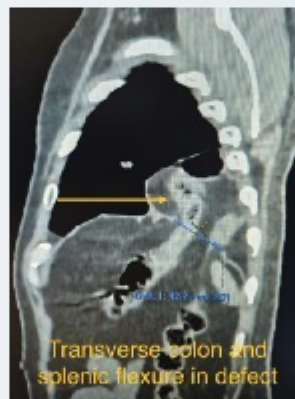
■ **Dr. Rashesh Solanki | Dr. Bhavesh Shah | Dr. Asmita Chaudhary**

A 55-year-old gentleman presented with chest discomfort and breathlessness and was diagnosed with a left diaphragmatic (Bochdalek) hernia.

A CT scan revealed a 6x4 cm defect containing the transverse colon, splenic flexure, and omentum. He underwent a laparoscopic repair of the diaphragmatic hernia using a composite mesh.

The surgery was performed in the left semi-lateral position, with port placement mirroring that of a laparoscopic cholecystectomy, except for the optic port, which was positioned higher.

His postoperative recovery was uneventful; the intercostal drain was removed on postoperative day (POD) 5, and he was discharged on POD 6 in stable condition.



## Graduation Ceremony of MBBS Batch 2018

The Graduation Ceremony for the MBBS Batch of 2018 will celebrate the culmination of years of dedication, perseverance, and rigorous training. This momentous event honors the achievements of future medical professionals as they embark on their journey to make a positive impact in the healthcare field.





# Significant Events

## Celebrating Our Heroes at GCS PULSE!

We relived unforgettable moments at the Doctors Day celebration, GCS PULSE. With heartfelt appreciation, we honored our dedicated doctors who make healthcare compassionate and impactful every day. A warm thanks to our Chairman, Shri Pankaj R Patel, for his inspiring presence. Here's to our healthcare heroes!



### Honoring Excellence: Superannuation Felicitation

At GCS Pulse, we celebrated the superannuation of our esteemed professors, recognizing their remarkable contributions to education and healthcare. We thank them for their dedication and wish them the very best for the future.



**Dr. Ranjan C. Raval**  
Professor & HOD in Dermatology



**Dr. Deepak Joshi**  
Professor in Pathology



**Dr. Yashvant Chhatbar**  
Professor & HOD in ENT



**Dr. Parmanand Makhija**  
Professor & HOD in Dentistry



**Dr. Bankimchandra D. Mankad**  
Professor in Medicine



**Dr. Bina Shukla**  
Professor in Pharmacology



# Vidwata 2024

## A Breakthrough Clinical Workshop

For the first time, TEAM VIDWATA at GCSMCH & RC organized a CME-cum-workshop series, featuring six engaging sessions that attracted 514 students over two days. GMC-accredited credit hours were awarded to participants, enhancing the educational impact of the event.

Key workshops included Art of Auscultation by Dr. Naimesh Patel, Dr. Shaila Shah, and Dr. Shyam Savaliya; Hands-on Sutures & Surgical Knots by Dr. Shashank Desai, Dr. Shaswat Shah, Dr. Hetal Gauswami, and Dr. Parth Patel; and \*Fluid and Electrolyte Disorders\* by Dr. Sanjay Pandya, Senior Nephrologist, attended by 270 participants.

Other sessions focused on Cardiopulmonary Emergencies, Innovation & Start-up, and AI in Healthcare, providing a comprehensive learning experience. The workshops received overwhelming appreciation, as highlighted in participant feedback.



# Graduation Ceremony

## GCS Healthcare Academy

GCS Healthcare Academy celebrated a dual milestone on August 8, 2024, with the orientation of newly enrolled students for the Academic Year 2024-25 and the convocation ceremony for 82 graduates from the Academic Year 2023-24. The event honored the graduates' remarkable achievement of a 95% overall result.

Dignitaries awarded trophies to the top 8 performers, including 3 MLT toppers and one each from Radiology, Dialysis, ECG-ECHO, and OT Tech programs. Organized by Dr. Usha Banker and Brig. Dr. B. Sridhar, the ceremony was a proud and memorable occasion. Congratulations to all the graduates!

## Significant Recognitions



### Dr. Vipul Chaudhari: Expertise in Pharmacology and Pharmacokinetics

Dr. Vipul Chaudhari, Professor & HOD of Pharmacology, was invited to conduct a workshop on Clinical Pharmacokinetics at Kasturba Medical College, Manipal. In recognition of his outstanding contributions to pharmacokinetic training and expertise, he was honored by the National Association of Pharmacology and Therapeutics (National body). Congratulations to Dr. Chaudhari on these remarkable achievements!



### Essential Guide for PG Anaesthesiology Residents

Authored by Dr. Bharat Shah, Dr. Heena Chhanwal, and Dr. Bipin Shah, this book is a vital resource for PG Anaesthesiology students, covering clinical cases to aid in practical exams. Enriched by insights from 49 experts, it's an indispensable tool for comprehensive learning.



### Gujarat State Medical Academic Meet 2024

The Gujarat State Medical Academic Meet 2024 brought together healthcare professionals and academics to discuss advancements in medical education, research, and clinical practices. The event served as a platform for collaboration and knowledge exchange, reinforcing the commitment to excellence in healthcare across the state.



Dr. Heena Chhanwal, Medical Superintendent and Professor of Anaesthesia, recently served as a judge at the OPSCON organized by KD Hospital. Additionally, she participated as a judge in the award category session at the Daman State Anaesthesia Conference, showcasing her expertise in the field.



**Dr. Heena Chhanwal: Judging Role at OPSCON and Daman State Conference**

A Good Clinical Practice (GCP) Workshop was successfully held at GCS Medical College, Hospital & Research Centre. A total of 180 participants took part in the workshop, including 53 faculty members and 127 residents, all actively engaging in the sessions. Renowned speakers were invited from Clianza Academy to share their expertise, making the workshop a valuable learning experience for all attendees.



**Good Clinical Practice (GCP) Workshop**

Dr. H. U. Doshi, Professor & HOD of OBGY, recently delivered key lectures at national conferences, including FOGSI Jaipur and Birthcon Nagpur, participated in an online panel on ART-related pregnancy challenges, and conducted a PG case discussion in Thrissur. He was also a guest of honour at a webinar on MTP & Contraception and spoke at the FIGO FOGSI Conference in Hyderabad.



**Dr. H. U. Doshi: Recent Academic Contributions and Lectures**

Dr. Gunjan Shah, Professor & HOD of Dentistry, was honored to serve as the moderator for the panel discussion on salivary gland tumors at the AOMSI conference held in Jaipur. Her active involvement in this significant event underscores her expertise in the field. Furthermore, Dr. Shah was elected as the Vice President, reflecting her leadership and commitment to advancing the profession of dentistry.



**Dr. Gunjan Shah: Leadership and Contribution to AOMSI Conference**

The General Surgery Department hosted a "Hands-on Workshop on Suturing & Knotting" for surgical residents, featuring demonstrations and practice with Suturing Practice Kits and Knot Tying Boards. Dr. Shashank Desai, Professor & Head of Surgery, also led a CME session on Pancreatitis, focusing on effective management strategies.



**Surgical Skills Workshop & Pancreatitis CME**

Dr. Vipul Chaudhari, Professor & HOD of Pharmacology, presented a virtual talk on the "Role and Responsibilities of Ethics Committees" at the GCP Conference organized by Nephrocare India Ltd, Kolkata. His talk highlighted the importance of ethics committees in ensuring patient safety and upholding ethical standards in clinical research.



**Dr. Vipul Chaudhari: Insights on Ethics Committees at GCP Conference**

## Academic Updates

Dr. Vipul Chaudhari, Professor & HOD of Pharmacology, was invited to deliver insightful talks on 'Pharmacovigilance & ADR Importance' during the National Pharmacovigilance Week celebrations at L.M. College of Pharmacy. He also presented a virtual talk on 'ADR Monitoring and Reporting' at Government Doon Medical College, Dehradun. Congratulations to Dr. Chaudhary for his impactful contributions to the field of pharmacovigilance!



**Dr. Vipul Chaudhari: Contributions to Pharmacovigilance**

Dr. Shashank Desai, Professor & HOD of Surgery, was honored to be invited as a faculty member and examiner for the Regional Refresher Course (RRC) organized by the Association of Surgeons of India in Ahmedabad. His involvement in this prestigious event highlights his dedication to advancing surgical education and sharing his expertise with fellow professionals.



**Dr. Shashank Desai: Faculty Role at Regional Refresher Course**

Dr. Shashank Desai, Professor & HOD of Surgery, participated as a faculty member at GUJASICON-2024 in Goa, where he chaired a session and served as a judge for poster and paper presentations. In addition, he was unanimously elected as the President of the Gujarat State Surgeons Association (GSSA) for the year 2026.



**Dr. Shashank Desai: GUJASICON-2024 Faculty & Elected GSSA President**

Dr. Arpit Prajapati, Professor of Community Medicine, has successfully completed the Postgraduate Diploma in Healthcare and Hospital Management (PGDHHM), a program jointly offered by California State University, San Bernardino (USA) and the Ahmedabad Management Association (AMA). This achievement highlights his dedication to advancing healthcare management expertise.



**Dr. Arpit Prajapati: Achievement in Healthcare Management**

Dr. H. U. Doshi, Professor & HOD of OBGY, delivered a lecture on "Nightmare Situations in LR" at the Bhopal FOGSI VP Physical Conference. He also chaired two national webinars and co-authored an article on "Optimizing CS Rate" with Dr. Jayshreeben Bamaniya, published in the HRP Times AMOGS Newsletter.



**Dr. H. U. Doshi: Key Contributions and Recognition in OBGY**

At the AMASI Skill Course held at Swaminarayan Medical College, Kalol, Dr. Shashank Desai, Professor & HOD of General Surgery, lectured on Laparoscopic Pneumoperitoneum. GCS Medical College's General Surgery faculty and SRs, including Dr. Sneha S. Shah, Dr. Darshan Patel, Dr. Ronak Chavda, Dr. Esha Bansal, Dr. Aashka Bhatt, Dr. Abhi Patel, Dr. Rahul Vaidya, and Dr. Virat Patel, passed the exam and earned FMAS certification.



**GCS Surgery Department Excels at AMASI Skill Course, Kalol**

Worth a Read



**Sapiens: A Brief History of Humankind**  
Yuval Noah Harari

Dr. Rozy Lekharu Pradhan, Professor of Biochemistry, delivered a lecture on "External Quality Assessment and Proficiency Testing" at the Good Laboratory Practices training program, sharing valuable insights on enhancing laboratory standards and testing accuracy.



**Dr. Rozy Lekharu Pradhan's  
Lecture on Quality Assessment**

The Paediatric Department recently hosted the "Enrich PG Bedside Learning Program" with the Academy of Paediatrics Gujarat and Ahmedabad, bringing together 65 residents and 8 senior faculty members for hands-on training. Dr. Shashi Vani delivered a guest lecture on "Zero Separation at Birth and Early Initiation of Breast-feeding," emphasizing the importance of early bonding and breastfeeding.



**Paediatric Advances: Enriching  
Learning & Early Newborn Care**

Dr. Prarthana Kharod Patel, Professor of Paediatrics, achieved the 1st prize in the poster presentation at the National Conference on Growth and Development (GDBP-CON 2024) held in Amritsar, Punjab. This recognition highlights her dedication and expertise in the field of paediatrics. Congratulations to Dr. Patel for this outstanding accomplishment!



**Dr. Prarthana Kharod Patel:  
1st Prize at GDBPCON 2024**

Dr. Urvesh Shah participated as a resource faculty in the workshop "Strengthening Implementation of CBME in Medical Colleges of Gujarat amidst Challenges in Microbiology" at Karamsad. He also delivered a talk on the Chandipura Virus, which was live telecasted to over 50 centers across Gujarat by the Red Cross Society. The initiative focused on enhancing the implementation of competency-based medical education (CBME) in microbiology.



**Workshop on Strengthening  
CBME Implementation in Gujarat**

In observance of World No Tobacco Day, the Psychiatry Department held an awareness program attended by around 50 individuals interested in quitting tobacco. The initiative led 15 participants to seek further assistance from the department, highlighting the program's positive impact on tobacco deaddiction efforts.



**Tobacco Awareness by  
Psychiatry Department**

Dr. Prarthana Kharod Patel, Professor of Pediatrics, delivered a guest lecture on "Closing the Gap" for World Breastfeeding Week 2024 at Dr. N.D. Desai Medical College, Nadiad. The session, attended by 300 participants including students, faculty, and health authorities, focused on the importance of breastfeeding and lactation support.



**Dr. Prarthana Kharod Patel: World  
Breastfeeding Week 2024 Lecture**

## Academic Updates

On World Lupus Day, Dr. Sanket Shah, Clinical Rheumatologist, delivered a guest lecture on "Lupus Awareness" for MBBS students, interns, and PG residents. The session aimed to increase understanding and awareness of lupus among future medical professionals.



**Guest Lecture on  
Lupus Awareness**

On World Lupus Day, the Dermatology Department organized a Patient Awareness Program, providing valuable information about lupus and its treatments. The initiative aimed to enhance understanding and awareness of the disease among patients.



**Patient Awareness Program  
on World Lupus Day**

The Pathology Department celebrated World Blood Donor Day on 14th June 2024 at the Blood Center with enthusiasm. A total of 81 voluntary donors, including MBBS students, PG students, senior residents, nursing staff, and other GCS Hospital members, participated, emphasizing the importance of blood donation and community involvement.



**World Blood Donor Day  
Celebration**

A Basic and Advanced CPR Programme, certified by the AHA, was conducted by instructors Dr. Harshal Thakar, Dr. Heena Chhanwal, and Dr. Maunil Shah. The course offered comprehensive CPR training to participants, enhancing their emergency response skills.



**Advanced CPR  
Programme**

The Pathology Department conducted health checkup camps in Surendranagar, screening around 2000 police personnel. Additionally, in collaboration with the Community Medicine Department, a Family Adoption Programme for second-year MBBS students screened about 500 individuals for conditions like anemia and diabetes.



**Health Screening and  
Community Outreach Achievements**

The Pharmacology Department successfully conducted a National Workshop on Clinical Pharmacokinetics, attracting 55 participants from across India and accredited with 6 credit hours by GMC. Dr. Vipul Chaudhari, Professor and Head of Pharmacology, was the sole speaker for the two-day workshop. Additionally, the Gujarat Summit for Pharmacology was organized, where 20 professors were honored for their significant contributions to the field of pharmacology.



**Pharmacology Department  
Workshop & Summit Highlights**

Worth a Read



**Thinking, Fast  
and Slow**

Daniel Kahneman

The Pediatrics Department conducted the college round of the 18th IAP Postgraduate Quiz, testing knowledge and skills in pediatrics. Dr. Prexa Dave and Dr. Aditi Dubey emerged as winners, while Dr. Arjun Jalandhara and Dr. Niralee Parmar secured the runner-up position, reflecting the department's commitment to academic excellence.



**18th IAP Postgraduate Quiz  
Achievements by Paediatric Department**

The Pediatrics Department conducted the college round of the 37th IAP Undergraduate Quiz, showcasing the knowledge and skills of participants. Ninad Shah and Luv Makadia emerged as winners, while Anjali Dave and Rajvee Soni secured the runner-up position, reflecting the department's dedication to fostering academic excellence.



**37th IAP Undergraduate Quiz  
Achievements by Paediatric Department**

The Psychiatry Department organized a Zonal Inter-College UG Quiz Competition for the Central and North Zones of Gujarat. NHL secured first place, while BJMC came in second. The winners will represent their zone in Mumbai this August, competing against other western zone teams.



**Zonal Inter-College UG Quiz by  
Psychiatry Department**

The Pharmacology Department organized a group discussion on "Therapeutic Drug Monitoring (TDM)" with participation from postgraduate students across various departments, including Respiratory Medicine, Dermatology, and Psychiatry. Dr. Aruna Deewan, Director of CEARCH (TDM Centre), shared her valuable insights as an expert, enriching the session with her expertise.



**Pharmacology Department Hosts  
Group Discussion on TDM**

A blood donation camp was organized, with 36 resident doctors volunteering to donate blood. Their selfless act supported patients in need and honored the national cause for doctors. This initiative showcased their commitment to humanitarian efforts and emphasized the importance of community service.



**Blood Donation Camp by  
Resident Doctors**

The Physiotherapy Department conducted a guest lecture on "Neurodevelopmental Intervention in High-Risk Babies" by Dr. Savji Nakum (PT). The session provided valuable insights into the critical interventions needed to support the development of infants at risk. Thank you to Dr. Nakum for sharing his expertise with our attendees!



**Paediatric Advances: Enriching  
Learning & Early Newborn Care**





## Academic Updates

Third-year residents Dr. Dhvani Parikh and Dr. Gautam Vibhakar of the Psychiatry Department secured 1st place in the prelims of the national-level Postgraduate Psychiatry Quiz. Competing against 92 teams nationwide, they stood out as top performers, representing the west zone with exceptional expertise.



**Psychiatry Department Triumphs at National Postgraduate Quiz**

The Dermatology Department's research on "Ultra-Low Dose Rituximab for Pemphigus Vulgaris" was published in the Journal of the American Academy of Dermatology. This study could significantly reduce treatment costs, making this effective therapy more accessible to patients in need.



**Dermatology Department's Key Research Published**

Dr. Megha Lakum, a third-year resident, showcased her initiative and dedication by independently writing a review article. Her hard work and perseverance have been rewarded with its successful publication.



**Dermatology Department: Dr. Megha Lakum's Independent Review Article**

On World Health Day, the Anaesthesiology Department trained 70 rickshaw drivers in CPR and First Aid, focusing on heat stroke, heart attack, and brain stroke management. Led by Dr. Divya Kheskani and Dr. Sejal Parmar, the session aimed to equip the community with essential emergency skills. Additionally, Dr. Asmita Chaudhari and Dr. Kinjal Sanghavi conducted an Advanced Cardiovascular Life Support Workshop at NHL Medical College, combining lectures with hands-on practice.



**CPR Training & Life Support Workshop by Anaesthesiology**

Dr. Savji Nakum (PT) conducted a lecture on "Neurodevelopmental Intervention in High-Risk Babies." The session provided valuable insights into effective strategies for managing neurodevelopmental challenges in infants.



**Lecture on Neurodevelopmental Intervention in High-Risk Babies**

Dr. Shubhangi Rathod, Assistant Professor in Biochemistry, participated in a summer internship on Proteomics conducted by IIT-Mumbai. The program included online lectures, assignments, and quizzes. She emerged as the winner of the program-ending quiz.



**Dr. Shubhangi Rathod: Achievement in Proteomics**

## Academic Updates

Dr. Shyam Savaliya, Assistant Professor of Medicine, is making significant strides in combating infections. With specialized training in Infectious Diseases and Antimicrobial Stewardship from CMC Vellore, he is committed to enhancing antimicrobial practices and elevating patient care standards at GCS Medical College.



**Dr. Shyam Savaliya: Advancing Antimicrobial Stewardship**

Dr. Shruti Shah, Assistant Professor of Microbiology, played a key role as Scientific Coordinator and Master of Ceremony during the pre-conference session at the Global South Conference on Infection Prevention and Control. The event, a collaboration between Kothiya Hospital, Unipath Laboratory, IFCAI, and IAMM, spotlighted advancements in antibiotic stewardship.



**Dr. Shruti Shah: Contributions to Infection Prevention**

The Department of Respiratory Medicine hosted the AMA Felicitation Ceremony and organized a radio talk on RED FM 93.5 during ILD Week, highlighting Interstitial Lung Disease. At ASHRAICON 2024, Dr. Sanket Mistry won First Prize, and Dr. Keval Pandya secured Third Prize in the quiz competition. Congratulations to the team!



**Respiratory Medicine Achievements**

Dr. Rushi Patel, Professor of Respiratory Medicine, participated as an instructor in the ASHRAICON 2024 workshop on Interventional Pulmonology, held at K.D. Hospital. His involvement in this workshop highlights his expertise in the field and his commitment to advancing knowledge and skills in interventional pulmonology.



**Dr. Rushi Patel: Contribution to ASHRAICON 2024 Workshop**

Residents Dr. Hardik and Dr. Jeetendra from the GCS Urology Department won the prestigious Dr. Mahesh Desai trophy at a recent event held at ITC Narmada, Ahmedabad. Six Gujarat-based institutes offering postgraduate Urology courses participated, including GCS Hospital, IKDRC, BJ Medical College, MPUH Nadiad, BT Savani Rajkot, and Zydus Hospital Ahmedabad.



**Urology Residents Win Dr. Mahesh Desai Trophy**

Dr. Arpit Prajapati, Professor of Community Medicine, actively participated in ASHRAICON 2024, held at Taj, Ahmedabad. He contributed to the event as a Gujarat Medical Council (GMC) observer, demonstrating his involvement in maintaining medical standards and fostering excellence in healthcare education.



**Dr. Arpit Prajapati: ASHRAICON 2024 Participation**

Worth a Read



**To Kill a Mockingbird**  
Harper Lee

## Community Medicine RHTC Activities

The Community Medicine Department at GCS Medical College actively conducted weekly diagnostic camps in the field practice area of Kaniij, focusing on villages such as Nenpur, Kaniij, Raska, Aamsaran, and Sadra. These camps, held every Wednesday, benefited 2,125 individuals over 12 camps. Additionally, health education sessions were organized to raise awareness about topics such as heat stroke prevention, menstrual hygiene, breastfeeding, and vector-borne disease prevention. Special events included World Malaria Day, World No Tobacco Day, and Breastfeeding Week celebrations. A total of 470 beneficiaries participated in these sessions. These activities reflect the department's dedication to improving rural community health through regular interventions and educational efforts.



## Community Medicine RHTC Activities

The Urban Health Training Centre (UHTC) in Madhupura conducted a range of impactful activities, including weekly diagnostic camps, benefiting over 850 individuals. Camps provided free consultations and diagnostic services, with patients requiring further care referred to GCS Hospital. Key health events included World Hypertension Day, World No Tobacco Day, World Environment Day, and National Nutrition Week. These events combined health education sessions and interactive activities to engage and benefit the local population. A CPR training session was also conducted for paramedical and nursing staff, providing hands-on practice and building emergency response capabilities. Moreover, awareness initiatives such as World Breastfeeding Week and World Contraception Day drew significant participation and addressed essential health topics. Through these focused efforts, UHTC continues to enhance urban community health and promote preventive healthcare practices.



Ahmedabad, Gujarat, India  
405/436, Madhupura, Ahmedabad, Gujarat 380004, India



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Bhind, Gujarat, India  
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# World Breastfeeding Week

## Celebrations

The Departments of Pediatrics and Community Medicine at GCS Medical College, Hospital, and Research Centre commemorated World Breastfeeding Week with a series of impactful events. Highlights included a poster competition for MBBS students, interns, and nursing staff on the theme "Closing the Gap: Breastfeeding Support for All" and a role play on breastfeeding awareness. Antenatal and postnatal mothers were supported with food kit distributions, while nursing staff participated in skill-training sessions and a quiz on breastfeeding. The Pediatrics Department organized an engaging postgraduate quiz led by Dr. Baldev Prajapati, which marked the culmination of the week. Prizes were awarded for the postgraduate quiz, nursing quiz, and poster and slogan competitions, making the celebrations both educational and rewarding.



# National Pharmacovigilance Week

## Promoting ADR Reporting for Patient Safety

Celebrated National Pharmacovigilance Week under the theme "Building ADR Reporting Culture for Patient Safety." Organized by the Department of Pharmacology and ADR Monitoring Center, the event featured educational sessions on safe medication practices, ADR reporting, and drug disposal. Held across the OPD, pharmacy, wards, and Madhupura PHC, the sessions engaged over 500 participants, including patients, relatives, and nursing staff. Led by experts like Dr. Vipul Chaudhari and Dr. Aakanksha Prajapati, the initiative reinforced the importance of patient safety and vigilant medication practices.

# National Nutrition Week

## Promoting Healthy Diets for All

The Dietetics Department at GCS Medical College celebrated National Nutrition Week (September 1-7, 2024), themed "Nutritious Diets for Everyone." The week featured various engaging activities aimed at spreading awareness about the importance of balanced nutrition. A special lecture for pregnant women focused on diet tips for a healthy pregnancy, while a poster competition showcased creative perspectives on nutritious eating. To extend outreach, the department conducted community lectures in local schools, emphasizing the role of proper nutrition in children's development. Fun and educational activities like reels and quiz competitions encouraged active participation. A recipe competition highlighted delicious yet nutritious meal ideas, inspiring attendees to adopt healthier eating habits. The celebration culminated with a prize distribution ceremony to honor the winners of the various contests, marking the successful conclusion of a week dedicated to promoting healthier lifestyles.



# Patient Safety Week

## Enhancing Diagnosis and Safety

The Patient Safety Program, held from September 17 to 25, 2024, focused on the theme "Improving Diagnosis for Patient Safety." Organized by the Quality Department, the week-long celebration aimed to raise awareness and improve practices among both healthcare staff and the community. Activities included the display of informative posters that highlighted key safety messages, interactive quizzes to reinforce safety protocols, and role plays demonstrating best practices in patient care. Hand hygiene awareness sessions were conducted for staff and faculty, emphasizing its crucial role in preventing infections. Public awareness sessions were also held to underscore the importance of mammography screening for early detection. The event featured anaemia screening for housekeeping staff, attendants, and security personnel to promote overall health and wellness. The celebration concluded with a public rally aimed at raising awareness about patient safety and health practices, helping to establish a culture of safety and excellence in patient care across the institution.



# International Yoga Day

## Celebration

GCS Hospital marked International Yoga Day with great enthusiasm, offering an enriching experience for staff and students. The event featured renowned yoga instructors Disha Nanavati, a National Player with a Diploma in Yoga, and Mr. Aviraj Suthar, a Certified Yoga Trainer. Participants engaged in various yoga practices aimed at promoting overall well-being and mindfulness. The session provided valuable techniques for improving physical health and mental clarity, reinforcing the importance of yoga as a holistic approach to health. The celebration was a successful initiative to promote wellness within the GCS Hospital community.



# Tree Plantation Drive

A successful tree plantation drive was held at GCS Medical College, Hospital & Research Centre, with the goal of promoting environmental sustainability and enhancing the green spaces on campus. Faculty, staff, and students actively participated in the initiative, planting a diverse range of trees. This collective effort aimed at fostering a healthier, greener environment, reflecting the institution's commitment to environmental responsibility and community engagement. The drive was a positive step towards creating a more eco-friendly campus.



# INTERNATIONAL NURSES DAY

## Celebrations

Nursing students and faculty participated in multiple activities, including quizzes, dance performances, and poster presentations. The event featured a special Gujarati Kavi Sammelan titled "Shikhar se Anant," with eight renowned Gujarati poets sharing their poetry.



# No Tobacco Day

## Celebrations

The program was inaugurated by Shri Kshitish Madanmohan, Hon. Secretary, GCS.

Nursing students and faculty presented posters and models to spread the message "Say No to Tobacco." The event was graced by key dignitaries, and certificates and trophies were distributed to the students.



## Training and Continuous Nursing Education & Day Celebrations

The faculties of the Nursing School and College organized continuous nursing education sessions for both faculty and students. Topics covered included critical care nursing, safety of nurses in healthcare settings, patient safety in clinical areas, disaster management, hands-on training in cardiopulmonary resuscitation, stress management during examinations, nursing ethics and legal aspects, and palliative care.

Additionally, nursing students and faculty participated in fire safety training conducted by Mr. Amit Chauhan, Safety Officer at GCSMCH.

Various health days were also celebrated, including World Hepatitis Day, World Breastfeeding Week, and World Heart Day. Students and faculty prepared posters and exhibitions, raising awareness on these important health topics.



# Health Camps and Outreach Program



149

Free Multi-Specialty  
Health Camps  
Across Gujarat, Rajasthan  
& Madhya Pradesh

19,285

Patient

## Bringing Healthcare Closer to Communities Across Gujarat, Rajasthan & Madhya Pradesh!

Our free multi-specialty health camps span Gujarat, Rajasthan, and Madhya Pradesh, reaching cities like Ahmedabad, Surat, Gandhinagar, and more. These camps offer expert consultations, diagnostic tests, medications, and referrals at no cost.

Specialties include general medicine, pediatrics, gynecology, ophthalmology, and dermatology, ensuring comprehensive care for all.

Join us in empowering communities to prioritize their health and well-being, one camp at a time!



Worth a Read



Good to  
Great  
Jim Collins

રેટેસ્ટ ઓફ ધ રેર કેસ: અમદાવાદની હોસ્પિટલમાં 24 વર્ષીય યુવતીનું હૃદય આઠ વખત બંધ થયું તેમ છતાં નવજીવન મળ્યું

અમદાવાદ | 20/06/24



કેટલીક વખત વિજ્ઞાનથી વિરુદ્ધ ચમત્કાર થતા હોય છે. આયુ ઝ કંઈક અમદાવાદની જીસીએસ હોસ્પિટલમાં થોડા દિવસ અગાઉ બન્યું હતું. જ્યાં ઉત્તર પ્રદેશના રાયબરેલીની 24 વર્ષીય યુવતીનું હૃદય 8 વખત બંધ થયા બાદ પણ તબીબોની મહેનતથી ફરી એકવાર જીવનદાન મળ્યું છે. આ યુવતી 7 મહિનાના બાળકની માતા છે અને તે થોડા મહિના પહેલાં જ ગુજરાતમાં આવી છે. આ ગંભીર સ્થિતિમાં તેનો જીવ બચાવીને તેના બાળકને માતા બિહોણ બનતા અટકાવવામાં આવ્યું હતું. આ એક રેર કેસ છે, જેમાં નાની ઉંમરમાં આટલી વખત હૃદય બંધ થયા બાદ વારંવાર ઈલેક્ટ્રીક શૉક આપ્યા બાદ ઈવેન જીવન રાખવામાં

તાપમાનમાં વધઘટ થતાં ચામડી-શ્વાસની બીમારી વધી: વાઈરલ ઇન્ફેક્શન અને અસ્થમાના દર્દીઓનો ઘસારો, જાણો બીમારીથી બચવા શું કરવું છે નિષ્ણાંત ડોક્ટર

અમદાવાદ | 20/06/24

સનબર્નથી બચવા તડકામાં ન જવું



ડૉ. દર્શિતા વ્યાસ ચામડીના નિષ્ણાંત | ડૉ. તુષાર પટેલ ફેફસાના નિષ્ણાંત

અમદાવાદ શહેરમાં ગત સપ્તાહમાં તાપમાનમાં આવેલા ઉત્તર ચઢાવને કારણે શહેરીજનોના સારીરિક સ્વાસ્થ્ય પર ગંભીર અસરો થઈ રહી છે. તેમાં પણ ખાસ કરીને ચામડીને લગતા અને શ્વાસને લગતી તબીબીકોમાં વધારો થયો છે. આગામી પાંચ દિવસ દરમિયાન પણ કલામાન વિભાગ દ્વારા તાપમાન વધત રહેવાની શક્યતા વ્યક્ત કરવામાં આવી છે. તેથી શહેરીજનો ગરમી પરસેવે રેબાંજબ થઈને ચામડીના રોગને નોંધવું છે. આ ઉપરાંત ઉંચાળામાં ગરમીને કારણે

પ્રસંશનીય કામગીરી: જીસીએસ હોસ્પિટલ દ્વારા કાળજીળ ગરમીમાં ફરજ બજાવતા ટ્રાફિક પોલીસ કર્મીઓ માટે લીબુ શરબતની વ્યવસ્થા કરાઈ

અમદાવાદ | 22/05/24



જીસીએસ હોસ્પિટલ દ્વારા ત્રાફિક પોલીસ કર્મીઓ માટે લીબુ શરબતની વ્યવસ્થા કરાઈ

અમદાવાદમાં આકાશ અગનગોળા વરસાનો વણ છે. એવામાં શહેરના ટ્રાફિકનું નિયમન કરવાના ટ્રાફિક પોલીસ કર્મચારીઓની સ્થિતિ ખુબસા આકાશની વેધોમધ્યતા તપાસ કેવી થતી હતી એ કલ્પના કરવી જ પુરુકેલ છે. હાલમાં જ હીટવેવ માટે એરેન્જ એલર્ટ-નેટ એલર્ટ જાહેર કરવામાં આવ્યું છે. આવી સ્થિતિમાં દર વર્ષે અમદાવાદની જીસીએસ હોસ્પિટલ આગ વરસતી ગણીમાં હામ કરતા પોલિસ કર્મચારીઓની મદદે આવે છે.

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નિ:શુલ્ક હાઈ ચેકઅપનું આયોજન: અમદાવાદ GCS હોસ્પિટલમાં ડ્રાઈવર અને કન્ડક્ટર માટે જાગૃતિ કાર્યક્રમનું આયોજન, નિ:શુલ્ક સેવાઓ આપી

અમદાવાદ | 06/04/24



ડ્રાઈવિંગ એક સતત તપાસવામાં રાખતી કામગીરી છે. ડ્રાઈવર તરીકે કાર્યરત લોકો તેમના સ્વાસ્થ્ય પ્રત્યે પૂરતા જાગૃત ન હોય એવું પણ જોવા મળ્યું છે. હાલમાં જ એક એસ.ટી. બસના ડ્રાઈવરને ડ્રાઈવિંગ કરતી વેળાએ જ હાર્ટ એટેક આવ્યો હતો. જોકે, એ ડ્રાઈવરે સમયસુધાકતા વાપરી અને બસને સમે તેમ કરીને સાર્થિકમાં હાઈ જાઈને પાર્ક કરી દીધી હતી. બસમાં બેઠેલા અનેક મુસાફરોના જીવ બચાવી લીધા હતા પરંતુ, કમનસીબે એ ડ્રાઈવરનો જીવ બચી શક્યો નહોતો.

વર્લ્ડ નો-ટોબેકો કે નિમિત્તે GCS હોસ્પિટલમાં ખાસ લેક્ચર યોજાયો: ગુજરાત SRP જવાનોએ વ્યસન મુક્તિના લેક્ચરની સાથે ફર્સ્ટ એઈડ થયા CPR તાલીમ આપવામાં આવી

અમદાવાદ | 31/05/24



31 મેના રોજ વિશ્વ તમાકુ નિષેધ દિવસ નિમિત્તે GCS હોસ્પિટલ ખાતે ગુજરાત SRP જવાનો માટે વ્યસન મુક્તિના લેક્ચરનું આયોજન કરવામાં આવ્યું હતું. આ લેક્ચરમાં વ્યસનથી થતા નુકસાનો, વ્યસન છોડવાના ઉપાયો તથા વ્યસન છોડવાના કાચલા વિશે સમજાવવામાં આવ્યું. ગુજરાત કેન્સર રિસર્ચ ઈન્સ્ટિટ્યુટના રિપોર્ટ અનુસાર, ગુજરાતમાં જેટલા પ્રકારના કેન્સર થાય છે એમાંથી 44% કેન્સર તમાકુના કારણે થાય છે. આ વ્યસન

હાઈ બહેનના પ્રેમ સામે ગંભીર બીમારી પણ હારી: ત્રણ વર્ષથી કેન્સર પીડિત હાઈની સેવા કરે છે બહેન, રક્ષાબંધનનો તહેવાર હોસ્પિટલમાં જ ઉજવ્યો

અમદાવાદ | 19/08/24



હાઈ બહેનના અલ્ટ્રા પ્રેમ અને વિદ્યાસનો પવ્વ એટલે કે, રક્ષાબંધન. પરંતુ જ કોઈ બહેનને આ તહેવાર હોસ્પિટલમાં બેડ પર સુતા હાઈ સાથે ઉજવવો પડે તો તે એક બહેન માટે કેટલું કરતા હોઈ શકે તેની કલ્પના કરવી પણ પુરુકેલ છે. તેમ છતાં હાઈ અડપથી સ્વસ્થ થઈ જાય અને તે ફરીથી એકવાર સ્વસ્થ થઈને આદીર્ષિત બાપે તેવી જ ઈચ્છા રાખતી બહેન ત્રણ વર્ષથી કેન્સરથી પીડિત હાઈની સેવા કરે છે, અને રક્ષાબંધન જેવા હાઈ-બહેનના પવિત્ર સંબંધ સાથે જોડાયેલા પવની કિશવણી હોસ્પિટલમાં જ કરીને આવાતા વર્ષે આ સ્થિતિ ન રહે તેવી

**રક્ષાબંધનના પર્વની ઉજવણી: જીસીએસ હોસ્પિટલમાં નર્સિંગ સ્ટાફ દ્વારા દર્દીઓને રાખડી બાંધીને તેમના સ્વાસ્થ્યની પ્રાર્થના કરવામાં આવી**

અમદાવાદ | 19/08/24



શેર

જીસીએસ હોસ્પિટલમાં નર્સિંગ સ્ટાફ દ્વારા દર્દીઓને રક્ષાબંધનના પર્વ નિમિત્તે રાખડી બાંધીને તેમના સ્વાસ્થ્યની પ્રાર્થના કરવામાં આવી.



**દિવ્ય ભાસ્કર**

અમદાવાદ 25 દિવસ પહેલાં



રાષ્ટ્રીય સ્વયંસેવક સંઘ પ્રેરિત અને રાધે એલીગન્સ દ્વારા આયોજિત જીસીએસ હોસ્પિટલના સહયોગથી હાથીજણ વિસ્તારમાં રાધે એલીગન્સ સોસાયટી ખાતે મેડિકલ કેમ્પનું આયોજન કરવામાં આવ્યું હતું. તેમાં હાથીજણ વિસ્તારની દરેક જનતાએ ભાગ લીધો હતો. તેમાં રાષ્ટ્રીય સ્વયંસેવક

**GCS હેલ્થકેર એકેડમીનું યોધું કોન્વોકેશન ઉજવાયું: પેરા મેડિકલના વિદ્યાર્થીઓને દીકરી આપના એનાયત કરવા માટે કાર્યક્રમનું આયોજન, નવી બેચના વિદ્યાર્થીઓનું ઓરિએન્ટેશન**

અમદાવાદ | 08/08/24



શેર

GCS મેડિકલ કોલેજ, હોસ્પિટલ અને રિસર્ચ સેન્ટર દ્વારા શરૂ કરવામાં આવેલી GCS હેલ્થકેર એકેડમીએ આજે તેનું યોધું કોન્વોકેશન ઉજવ્યું હતું. આ પ્રસંગે કુલ 84 વિદ્યાર્થીઓએ વિવિધ પેરામેડિકલ અને હેલ્થકેર કોર્સ પૂરા કર્યા બાદ ડિગ્રી પ્રાપ્ત કરી હતી.

**જી.સી.એસ. હોસ્પિટલ તેમજ SRK બહિષ્યલ ગ્રુપ સહયોગ થી મફત મેડિકલ કેમ્પ આયોજન કરવામાં આવ્યું**



(સાંબંધ ભાસ્કર) તા. ૧૯  
 ૧૮/૮/૨૪ બુધવાર ના રોજ બહિષ્યલ ગ્રામ મુકામે જી.સી.એસ. હોસ્પિટલ દ્વારા SRK બહિષ્યલ ગ્રુપ ના સહયોગ થી મફત મેડિકલ કેમ્પનું આયોજન કરવામાં આવ્યું હતું. આ કેમ્પમાં ગામ ના અને આસપાસ ના ૨૦૦ થી વધારે લાભાર્થીઓ એ કેમ્પનો લાભ લીધો હતો બા કેમ્પ માં મેડિસિન, હાડકાના રોગ, ચામડી ના રોગ, તેમજ બાળકોના ડોક્ટર અને દરેક નિષ્ણાંત ડોક્ટરો ની ટીમે સેવાઓ આપી હતી જેમાં ફી ફવાઓ આપવામાં આવી હતી. કેમ્પમાં આવતા દર્દીને GCS (લગુસંદાન ડીપ્પા પાને)



(મુનિવાદલ્નુજ, પાટણ)  
 તા. ૨૮/૦૯/૨૪ ના રોજ સ્વચ્છતા ટી સેવા-૨૦૨૪ ઝુભેશા અંતર્ગત સ્વભાવ સ્વચ્છતા સંસ્કર સ્વચ્છતા અનુસંધાને અમદાવાદ ડેપો ખાતે જી.સી.એસ હોસ્પિટલ ના સહયોગથી કર્મચારીઓના હેલ્થ ચેકઅપ માટે મેડિકલ કેમ્પ નું આયોજન કરવામાં આવેલ જેમાં દાહ અધિકારી / કર્મચારીઓ એ ભાગ લઈ હેલ્થ ચેકઅપ કરવામાં આવેલ અને કાર્યક્રમ ને સફળ બનાવવામાં આવેલ.

**અમદાવાદ બોટાદ ભાસ્કર 25-09-2024**

**બારેજા નગરપાલિકા દ્વારા મેડિકલ કેમ્પમાં 150થી વધુ લાભાર્થીઓએ લાભ લીધો**



દસ્ક્રોઈ ભાસ્કર | જીસીએસ હોસ્પિટલ તેમજ બારેજા નગરપાલિકા અને શ્રેય ક્લિનિક ના સંયુક્ત ઉદ્દેશ્યે બારેજામાં મેડિકલ કેમ્પ યોજાઈ ગયો. કેમ્પનું ઓર્ગેનિઝ જિલ્લા ભાજપ પ્રમુખ હર્ષદભિટ્ટી ગોસ્વામીના હસ્તે કરાયું. 150થી વધુ લાભાર્થીઓએ કેમ્પનો લાભ લીધો હતો. કેમ્પમાં પેટના રોગો, કેન્સર, પક્ષી, હસ્ત નક્ષા, ભાસ્કર સાસજાંડ, એરોનિક્સ, પ્રોસ્ટેટ, વગેરેના ઓપરેશન-સર્જરી ઉપરાંત કાન, પાકડળાના રોગો, હાડકાં અને સાંધાને લગતા રોગો સહિત છાતીમાં ફાવાવો, હૃદય, મગજ, કિડનીના રોગોના ડોક્ટરોએ સેવા આપી હતી.

**અમદાવાદ બ્રેકીંગ**

**અંગદાન નો અદભુત કિસ્સો**

શ્રાવણ માસમાં પત્નીએ પતિને આપી નવી જિંદગી પત્નીએ પતિને કિડની આપી બચાવ્યો જીવ

અમદાવાદની GCS હોસ્પિટલમાં કરવામાં આવ્યું નિઃશુલ્ક કાનસલા-૯ શ્રાવણ માસમાં પતિને કિડની દાન કરી પત્ની બચાવવામાં આવ્યા

રાજચલાન ના દંપતીનો સત્તોજો પ્રેમ

**"અંગદાન મહાદાન"**

**રીક્ષા ડ્રાઇવર ભાઈઓને ડોક્ટરોએ આપી ટ્રેનિંગ**

**નરોડા સમસ્ત બ્રહ્મ સમાજ દ્વારા મેડિકલ કેમ્પ**

ડોક્ટરો દ્વારા સારી રીતે ફીમાં ચેકઅપ કરવામાં આ

સમસ્ત બ્રહ્મ સમાજ દ્વારા મેડિકલ કેમ્પ તારીખ

# GCRI Hospital Week 2024

GCRI celebrated Hospital Week with vibrant events. Shri Pankajbhai R. Patel, Executive Chairman of GCRI, was the Chief Guest at the Hospital Day function on April 6. The week included awards, oration ceremonies, elocution, mehndi, and rangoli competitions, along with an entertainment program by the staff.



## Honoring Excellence in Oncology

Dr. T. B. Patel Oration Award Presented to  
**Dr. Sushma Bhatnagar,**  
Chief - **Dr. B. R. A. Institute Rotary Cancer Hospital,**  
**AIIMS, New Delhi.**

Shri Ramniklal J. Kinarivala Cancer Research Award  
Conferred upon **Dr. Varsha Gandhi,**  
**MD Anderson Cancer Center, USA.**

Shri Madanmohan Ramanlal GCRI Luminary Oration  
Award - Awarded to **Dr. Kiran Kothari,**  
**Former Deputy Director, GCRI.**

Dr. Shilin Shukla Medical Oncology Oration Award  
Bestowed upon **Dr. Chirag Desai, Medical Oncologist,**  
**Vedanta Hemato-Oncology Clinic, Ahmedabad.**

### Gold

Dr. Dipesh Dave (Palliative Medicine) &  
Ms. Bhoomi Vaniya (Immunohematology Lab)

### Silver

Dr. Abhilash Vasanth (Gynecologic Oncology) &  
Ms. Disha Jethva (Molecular Diagnostics Lab-2)

### Bronze

Dr. Kaustubh Barde (Gynecologic Oncology) &  
Ms. Nidhi Mandaliya (Molecular Diagnostics Lab-1)

## Young Scientist Research Medal Winners

## GCRI Updates

The Gujarat Cancer & Research Institute (GCRI) successfully completed its NABH surveillance assessment. The assessment was conducted smoothly, showcasing the institute's commitment to maintaining high standards of healthcare quality and patient safety.



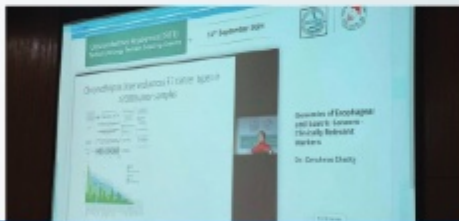
**Successful Completion of NABH Surveillance Assessment at GCRI**

GCRI's Department of Oncopathology hosted a one-day CME, "Demystifying Soft Tissue and Bone Tumour Pathology." Over 150 delegates participated, learning from expert speakers on key aspects of tumour pathology. GCRI shared insights from diagnosing over 500 cases annually, with a live slide seminar and a panel discussion involving orthopaedic and radiology departments. The event offered a valuable educational experience for all attendees.



**National CME on Tumour Pathology at GCRI**

The Medical Oncology Department at GCRI, in collaboration with Tata Memorial Hospital, Mumbai, organized a webinar focused on gastrointestinal cancers. The session covered topics like gastric surgery, genomics of esophageal and gastric cancers, and advanced treatment strategies. Fifteen medical and surgical oncology residents participated, benefiting from expert discussions and case presentations. The event provided valuable insights and learning opportunities for all attendees.



**GCRI Hosts Gastrointestinal Oncology Webinar**

Prostate Cancer CME : Dr. Keval Patel and Dr. Elena Castro led a CME on prostate cancer for 50+ oncologists, offering valuable insights into the latest treatments. Wound Surgery CME : Dr. Sandeep Naphade presented on regenerative bioscaffolds in complex wound surgery to 30+ surgical oncologists, focusing on innovative wound management techniques.



**GCRI CME Highlights**

## Personnel Achievements

**Dr. Sherya C Gattani:**

2nd Prize at "2nd Annual Oncowin Update 2024"

1st Prize at "MHG-Essence of EHA-2024"

**Dr. Akshay Tajpara:**

2nd Prize in quiz competition at GITA conference

**Dr. Darshan Jain:**

1st Prize in quiz at "Essence of EHA-2024"

**Dr. Praloy Basu:**

2nd Runner-up in State Level Quiz at AMMO conference

**Dr. Abhishek Nyati:**

1st Prize in Oral Paper Presentation at "2nd Annual Oncowin Update"

Worth a Read



**Born a Crime**  
Trevor Noah

GCRI marked the 10th International Yoga Day with the theme "Yoga for Self and Society." Yoga sessions were held for employees, patients, and their families. The "Art of Living" teachers led a session on "Yoga at Workplace," while cancer survivor and yoga instructor Gita Patel guided a special session for patients and their families, promoting health and wellness.



**Celebrating International  
Yoga Day**

GCRI, in collaboration with "Sanjivani – Life Beyond Cancer" and the Rotary Club, marked World No Tobacco Day with a Cancer Awareness Walk around Kankariya Lake. Dr. Shashank Pandya, Director of GCRI, highlighted the importance of protecting children from tobacco's harmful effects. The event emphasized collective action in the fight against tobacco and its health risks.



**World No Tobacco Day**

GCRI, in collaboration with "Sanjivani – Life Beyond Cancer" and the Rotary Club, marked World No Tobacco Day with a Cancer Awareness Walk around Kankariya Lake. Dr. Shashank Pandya, Director of GCRI, highlighted the importance of protecting children from tobacco's harmful effects. The event emphasized collective action in the fight against tobacco and its health risks.



**World Environment Day**

GCRI Blood Centre celebrated World Blood Donor Day by collecting a total of 144 blood bags, including 30 from female donors and 114 from male donors. The theme for this year was "20 Years of Celebrating Giving: Thank You Blood Donors." Blood components were separated into packed cell volume, fresh frozen plasma, and platelet concentrate, allowing each donation to help three patients. Refreshments and token gifts were provided to all voluntary donors as a gesture of appreciation.



**World Blood Donor Day**

Gujarat Cancer and Research Institute organized a Wig Donation Program on 21st June 2024, coordinated by the Prosthetic Department and sponsored by CHERIAN Foundation and DABUR Amla Hair Oil. The initiative aims to support cancer patients experiencing hair loss due to treatments, providing them with wigs to boost their confidence and improve their quality of life. The program will continue to support patients in need, offering dignity and confidence during their treatment journey.



**Wig Donation**

GIDM, in collaboration with GCRI and Civil Hospital Ahmedabad, conducted a Disaster Risk Management Training program for over 200 participants. The initiative focused on equipping staff with essential skills to handle internal and external disaster scenarios, reinforcing GCRI's commitment to preparedness and community safety.



**Essential Guide for PG  
Anaesthesiology Residents**



## Community Oncology Center Updates

Bhadran Mitra Mandal Hospital and Gujarat Cancer Society, with support from Bhadran Mitra Mandal Trust and Arvindbhai Bhatt (New Jersey), organized a Cancer Awareness Program. Experts like Dr. Geeta Joshi, Dr. Dineshbhai Shah, and others shared insights on cancer prevention and treatment, benefiting around 100 attendees.



**Cancer Awareness Program  
in Bhadran**

COC has launched a dedicated vaccine zone to administer HPV vaccines, aiming to prevent HPV-related infections, including cervical cancer. Daily "Vaccine Day" sessions are held from 9 AM to 1 PM at the Lion Bharat Kshatriya Community Oncology Center.



**Vaccine Zone for  
HPV Vaccination**

The Gujarat Cancer Society and Community Oncology Center marked World No Tobacco Day with an awareness program attended by nursing students from Victoria Jubilee College of Nursing and members of Apang Manav Mandal. Highlights included a captivating play performed by the students, focusing on cancer awareness and the harmful effects of tobacco.



**World No  
Tobacco Day**

The Community Oncology Center organized a cancer screening camp for Anganwadi workers and helpers, where 51 participants underwent mammography and Pap tests. The initiative was supported by a generous donation from Mr. Kaushikbhai Patel, emphasizing the importance of early detection and health awareness among this vital community group.



**Cancer Screening Camp for  
Anganwadi Workers and Helpers**

On World Environment Day, the Community Oncology Center organized a tree plantation program, actively involving Anganwadi workers, patients, and staff. Dr. Geeta Joshi, along with participants, planted trees, promoting environmental awareness and sustainability within the hospital premises.



**World Environment  
Day Celebration**

The Lion Bharat Kshatriya Community Oncology Centre proudly inaugurated its newly renovated hospice rooms, designed to enhance patient comfort and care. These improved facilities reflect the center's commitment to providing a compassionate and supportive environment for patients.



**Inauguration of Renovated  
Hospice Rooms**

Worth a Read



**Born a Crime**  
Trevor Noah

## Community Oncology Center Updates

A cancer awareness cycle rally was organized in collaboration with the Community Oncology Centre and R.J. Tibrewal Commerce College (NSS Unit). With the theme "Tobacco is the enemy of you, me, and our families," students spread vital cancer awareness messages throughout Guptanagar, Vasna, and neighboring areas. The rally aimed to educate the public about the dangers of tobacco and its link to cancer.



**Cancer Awareness  
Cycle Rally (Vastrapur-Vasna)**

On the occasion of Rakshabandhan, the nursing staff of the Community Oncology Centre (COC) celebrated by tying rakhis to the patients admitted to the center. The tradition was followed by offering sweets to make the occasion even sweeter. Patients' relatives also joined in the celebration, adding a festive touch to the day.



**Rakshabandhan  
Celebration**



				8			9	
		3	2	9				
9	6		1					
			5			1		9
1	3				9			
				1		8	4	
	8				2	9		
		2		7				8
		7					5	2

Submit your answers before January 15, 2025, on WhatsApp to +91 99798 49537 in the following format:

1. Your Name 2. Department 3. Contact Number. Lucky winners will be awarded!

**Last Quarter Puzzle  
Champion Unveiled**

Devangi Patel (Intern)  
Jeni Kamani (Intern)



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- Anesthesia
- Dentistry
- Dermatology (Skin & V.D.)
- Emergency Medicine
- Ear, Nose & Throat (ENT)

- General Medicine
- General Surgery
- Gynaecology & Obstetrics
- Maxillo-Facial Surgery
- Ophthalmology

- Orthopaedics & Joint Replacement
- Paediatrics
- Psychiatry
- TB & Respiratory

**SUPER SPECIALITIES:**

- Cardiology
- Cardiothoracic Surgery
- Endocrinology
- Gastroenterology
- Gastrointestinal Surgery
- Interventional Radiology
- Medical & Surgical Oncology

- Nephrology & Kidney Transplant
- Neurology & Neuro Surgery
- Ortho-Dentistry
- Paediatric Dentistry
- Paediatric Neurology
- Paediatric Surgery
- Plastic, Cosmetic & Reconstructive Surgery

- Rheumatology
- Spine Surgery
- Urology
- Vascular Surgery

**CLINICAL SERVICES**

- Intensive Care Unit - PICU NICU, ICCU, SICU
- Endoscopy

- Dialysis
- Cathlab
- Physiotherapy

- Dietetics
- Health Check-up
- IVF

**24X7 SERVICES**

- Emergency
- Ambulance

- Radiology Services
- Laboratory Services

- Blood Centre
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# GCS Medical College Hospital & Research Centre

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